

# Future Horizons

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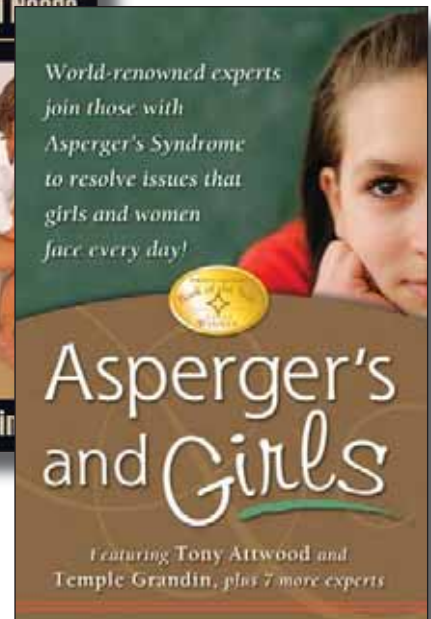
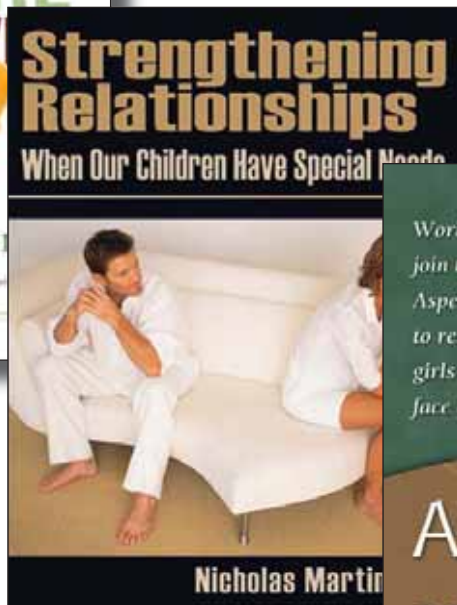
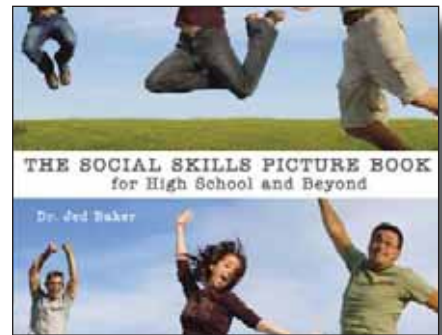
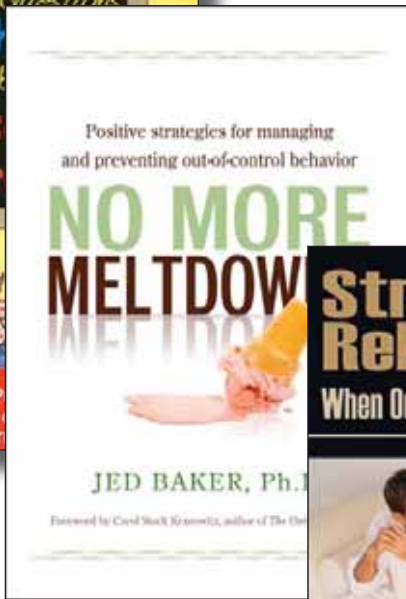
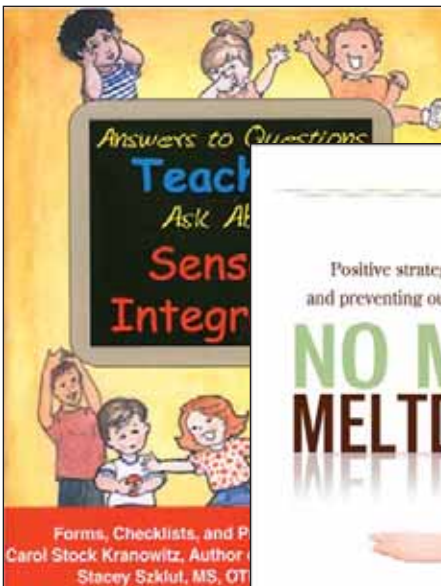
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UNIREPS and ACER Press are pleased to present Future Horizons.

Future Horizons' mission is to bring current, helpful information on autism and Asperger's Syndrome to individuals, families and professionals.



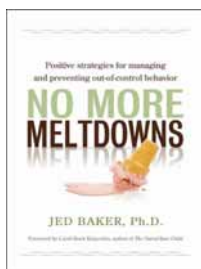
## FUTURE HORIZONS

### NO MORE MELTDOWNS: POSITIVE STRATEGIES FOR DEALING WITH AND PREVENTING OUT-OF-CONTROL BEHAVIOR JED BAKER

It could happen at the grocery store. At a restaurant. At school. At home.

Meltdowns are stressful for both child and adult, but Dr. Baker can help! Author of the award-winning *Social Skills Picture Book* series, Dr. Jed Baker offers parents and teachers strategies for preventing and managing meltdowns. His 20+ years of experience working with children on the autism spectrum, combined with his personal experiences raising his own children, have yielded time-tested strategies, and results! Dr. Baker offers an easy-to-follow, 4-step model that will improve your everyday relationships with the children in your life.

9781932565621 \_\_\_\_\_ Apr-08 150pp PB \$24.95 S  
illustrated



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### EARLY INTERVENTION AND AUTISM: REAL-LIFE QUESTIONS, REAL-LIFE ANSWERS JAMES BALL

When your child has just been diagnosed with autism, questions and concerns immediately flood your mind. What do I need to know first? What do I need to do first? What program is right for my child? What can I do, RIGHT NOW, to help my child? Leave behind confusing textbooks and unreliable websites. This book will guide you through your child's early years by providing sound advice based on over twenty years of experience. In an easy-to-read, question-answer format, learn what makes your child tick, how to get the most out of early intervention services, and how to choose the most effective treatment options.

9781932565553 \_\_\_\_\_ Jan-08 424pp PB \$38.95 S  
illustrated



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### THE AUTISM TRAIL GUIDE: POSTCARDS FROM THE ROAD LESS TRAVELED ELLEN NOTBOHM

A cohesive compilation of the author's best articles, *The Autism Trail Guide: Postcards from the Road Less Travelled* will help parents of children with autism take on everyday challenges while celebrating what their children bring to their world. Ellen offers concrete advice on issues such as math homework, video games, and tricky behavior, and also tackles the more abstract concepts of parenting, such as trusting parental instincts, when to take risks, how to hang on, and when to let go. This book is absolutely invaluable to all who are "on the autism trail."

9781932565508 \_\_\_\_\_ Sep-07 148pp PB \$31.95 S

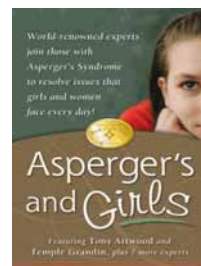


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### ASPERGER'S AND GIRLS TERESA BOLICK

Because the majority of those diagnosed with Autism Spectrum Disorders are boys and men, the voices of girls on the spectrum have been practically inaudible—until now. At long last, here is a book that provides women on the autism spectrum the opportunity to tell the world about their experiences, good and bad. Their candid reflections will warm your heart while giving you a backstage pass to another realm. Leading professionals in the field punctuate this masterpiece with fascinating articles that offer insightful advice. Finally, autism literature isn't just a "man's world."

9781932565409 \_\_\_\_\_ Dec-06 152pp PB \$31.95 S



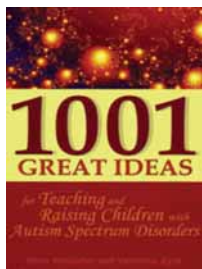
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## 1001 GREAT IDEAS FOR TEACHING AND RAISING CHILDREN WITH AUTISM SPECTRUM DISORDERS

VERONICA ZYSK

A time-saver. A life-saver. Parents and professionals can now bypass countless hours spent seeking answers to the mystifying day-to-day challenges of autism. In snappy, can-do format, *1001 Great Ideas for Teaching and Raising Children with Autism Spectrum* offers page after page of try-it-now solutions that have worked for thousands of children grappling with sensory, communication, social, behavior, self-care issues and more.

9781932565195 \_\_\_\_\_ Oct-05 218pp PB \$38.95 S



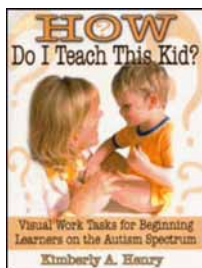
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## HOW DO I TEACH THIS KID?: VISUAL WORK TASKS FOR BEGINNING LEARNERS ON THE AUTISM SPECTRUM

KIMBERLY A. HENRY

*How Do I Teach This Kid? Visual Work Tasks for Beginning Learners on the Autism Spectrum* is the first in a series of books designed to share ideas for using visual strategies to teach children with autism. This resource provides special education teachers, therapists, parents, and home-based therapists with practical, easy-to-implement ideas for creating over 80 different work tasks or boxes to be used to teach students to work independently and for an established length of time. The ideas are designed for early learners, ages 2-10.

9781932565249 \_\_\_\_\_ May-05 101pp PB \$31.95 S  
illustrated



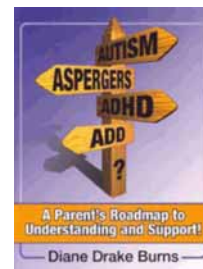
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## AUTISM? ASPERGERS? ADHD? ADD?: A PARENT'S ROADMAP TO UNDERSTANDING AND SUPPORT!

DIANE DRAKE BURNS

Suspect there's something "different" about your child? This book will help you navigate those early stages of your child's life when a diagnosis is nowhere in sight and you're either totally frustrated or frightened into inaction by a vision of what may lie ahead. Written by a mother who knows--because she had an uncanny ability to avoid her son's diagnosis--this book humorously and gently prods parents into action, beginning with the chapter "Was That the Exit to 'Normal?'" and "Rules of the Road," to "Time to Take Off the Gloves" and "To School or Not to School."

9781932565263 \_\_\_\_\_ May-05 160pp PB \$31.95 S



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## THE SIXTH SENSE II

CAROL GRAY

Carol Gray uses her unique abilities to help explain autism and Asperger's Syndrome to children who share their classroom. In the *Sixth Sense*, Carol Gray introduced us to our sixth sense, our social sense. *The Sixth Sense II* is more comprehensive and helps promote understanding and supportive social climates for children with autism spectrum disorders.

9781885477903 \_\_\_\_\_ Dec-04 PB \$10.95 S



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## THE UNWRITTEN RULES OF SOCIAL RELATIONSHIPS

SEAN BARRON, VERONICA ZYSK (ed.)

Often those with autism/Asperger's suffer socially and professionally because social cues and perceptions hinder their lives. This enlightening and thought provoking book by two of the leading minds in the field, who themselves have been diagnosed with autism, educates both those on the spectrum and their caregivers. Certain to become a classic, Temple and Sean lead you through their mistakes socially and ways they found to improve their lives.

9781932565065 \_\_\_\_\_ Dec-04 383pp HB \$38.95 S



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## STRENGTHENING RELATIONSHIPS WHEN OUR CHILDREN HAVE SPECIAL NEEDS

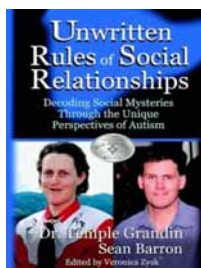
NICHOLAS R. M. MARTIN

A long-awaited and much-needed book, *Strengthening Relationships* deals with the impact a special needs child has on the family and, most particularly, the parents' relationship. Subjects covered include avoiding blame, support and guidance; sex, affection, and intimacy; money matters; time alone; effective communication; divorce; and affordable child care. It even contains a six-week program for couples.

9781932565102 \_\_\_\_\_ Apr-04 159pp PB \$38.95 S  
illustrated



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## BUILDING BRIDGES THROUGH SENSORY INTEGRATION

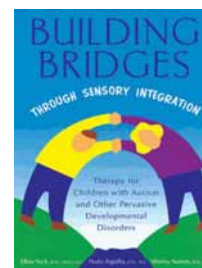
ELLEN YACK

This book is perfect for those working with young children, but broad enough to be adapted for older children and adults. It provides creative techniques and useful tips while offering innovative strategies and practical advice for dealing with everyday challenges, including managing behaviors, improving muscle tone, developing social skills, selecting diets - and more!

9781932565454 \_\_\_\_\_ Aug-03 207pp Spiral \$52.95 S  
illustrated



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## TAKING CARE OF MYSELF: A HYGIENE, PUBERTY AND PERSONAL CURRICULUM FOR YOUNG PEOPLE WITH AUTISM

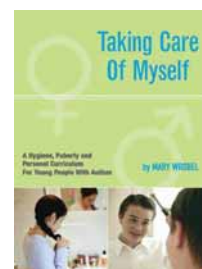
MARY WROBEL

Through a unique combination of Social Stories and easy-to-understand activities, this unique book offers a curriculum that guides the child and caregiver on issues of health, hygiene, and the challenges of puberty. It is a must-read for those who love and guide students with disabilities.

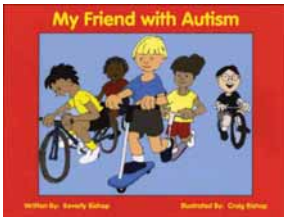
9781885477941 \_\_\_\_\_ Apr-03 205pp PB \$38.95 S  
illustrated



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**MY FRIEND WITH AUTISM**  
**BEVERLY BISHOP**



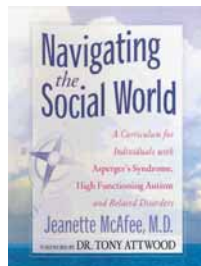
*My Friend with Autism* is the exceptional result of a parent's determination to help her special needs son fit in with his peers, and to foster tolerance and understanding among her son's friends and schoolmates. Author Beverly Bishop teaches high school computer classes and is the technology coordinator for a private K-12 school. She wrote *My Friend with Autism* for the teachers and students in her son's elementary school class. By helping others understand autism, she is able to encourage tolerance and a positive approach to classroom integration for special needs children.

9781885477897 \_\_\_\_\_ Jun-02 36pp PB \$15.95 S



**NAVIGATING THE SOCIAL WORLD**  
**JEANETTE MCAFEE**

This important new book offers a definitive program with forms, exercises, and guides for the student. It also presents significant educational guidance and supportive assistance to caregivers and teachers.

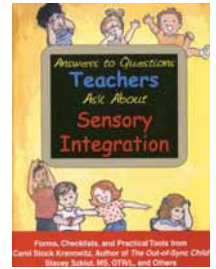


9781885477828 \_\_\_\_\_ Jan-02 PB \$78.95 S



**ANSWERS TO QUESTIONS TEACHERS ASK ABOUT SENSORY INTEGRATION**  
**STACEY SZKLUT**

In this elegant approach to the often elusive subject of sensory integration, leading experts have assembled an extensive and easy-to-use set of checklists and other tools that will be invaluable to every teacher and parent who has children with sensory integration challenges.

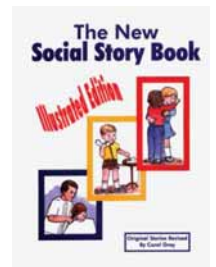


9781932565461 \_\_\_\_\_ Aug-01 63pp PB \$24.95 S



**THE NEW SOCIAL STORY BOOK: ILLUSTRATED EDITION**  
**CAROL GRAY**

Carefully written and effective stories for children and adults with Autism can be found in this unique book which will help individuals with social communication difficulties. Social stories provide accurate information regarding everyday situations. This is an updated version with new text and accompanying illustrations that give the child a visual interpretation of the story.

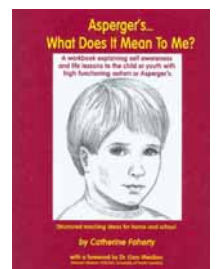


9781885477668 \_\_\_\_\_ Feb-01 280x216mm PB \$49.95 S IND.



**ASPERGER'S ... WHAT DOES IT MEAN TO ME?**  
**CATHERINE FAHERTY**

This workbook gives children and teens with high-functioning autism and Asperger's Syndrome an opportunity to understand themselves and their diagnosis. Explaining that autism is "another way of thinking and being", it offers activities that help children understand learning styles, sensory experiences, artistic talent, other people, communication, the school environment, friends, and feelings.



9781885477590 \_\_\_\_\_ Jan-00 PB \$62.95 S



## AUTISM/ASPERGERS: SOLVING THE RELATIONSHIP PUZZLE

STEVEN E. GUTSTEIN

Steve Gutstein, psychologist and autism specialist, sought to discover why children with autism lack the social skills that come so easily to the rest of us. The result of his efforts is an innovative program - Relationship Development Intervention - that take social skills teaching to the next level.

9781885477705 \_ \_ \_ \_ \_ Jan-00 200pp PB \$52.95 S  
1 illustrations



## TOILET TRAINING FOR INDIVIDUALS WITH AUTISM & RELATED DISORDERS

MARIA WHEELER

This is an excellent guide through the special difficulties encountered when toilet training an individual with autism. This book offers over 200 toilet training tips, 50 case examples from which you can learn, and 40 "cautions."

9781885477453 \_ \_ \_ \_ \_ Mar-99 130pp PB \$31.95 S  
illustrated

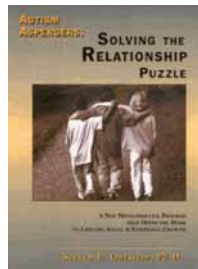


## A TREASURE CHEST OF BEHAVIORAL STRATEGIES FOR INDIVIDUALS WITH AUTISM

MARIA WHEELER

This book offers comprehensive insights into the entire spectrum of behavior challenges of a person with autism/PDD as well as answers to improve those behaviors. This is an excellent guide for anyone who has a child or student with behavior challenges!

9781885477361 \_ \_ \_ \_ \_ Aug-97 448pp PB \$62.95 S  
illustrated

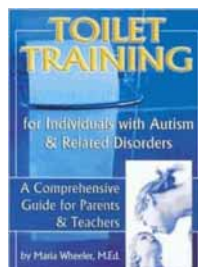
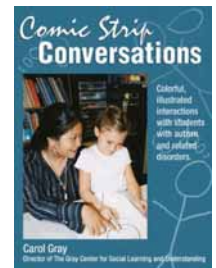


## COMIC STRIP CONVERSATIONS

CAROL GRAY

A comic strip conversation is a conversation between two or more people which incorporates the use of simple drawings. These drawings serve to illustrate an ongoing communication, providing additional support to individuals who struggle to comprehend the quick exchange of information which occurs in a conversation. Experience with *Comic Strip Conversations* indicates they may be an effective tool for parents and professionals working with students with autism and other developmental disabilities. *Comic Strip Conversations* are based on the belief that visualization and visual supports, found useful in structuring the learning of students with autism, may also improve their understanding and comprehension of conversation. In addition, the use of a basic set of symbols are used in *Comic Strip Conversations* to illustrate social skills which are abstract and difficult for students with autism to understand.

9781885477224 \_ \_ \_ \_ \_ Dec-94 39pp PB \$15.95 S  
illustrated

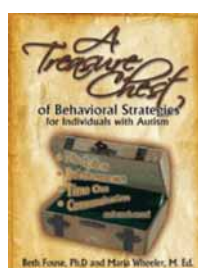


## AUTISM EARLY INTERVENTION - FAST FACTS

RAUN MELMED

When you begin to realise that your child may not be developing normally, it is natural to be frightened and overwhelmed. But ignoring the problem will not help your child. In a sea of resources, it can be difficult to find the information you need, especially for a parent who is not familiar with autism terminology and treatments. This little book is the perfect way to get acquainted with autism and early intervention strategies.

9781932565591 \_ \_ \_ \_ \_ Sep-07 89pp PB \$15.95 S

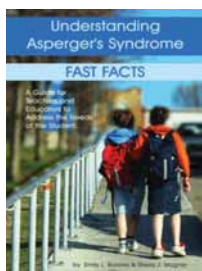


## UNDERSTANDING ASPERGER'S SYNDROME - FAST FACTS

**SHEILA J. WAGNER**

When there is a child with Asperger's Syndrome in your life, questions about the disorder seem to abound. This booklet's easy-to-read layout makes it a quick reference for teachers or parents. It provides tips on how to recognize Asperger's Syndrome, and offers suggestions on how to create a successful learning environment. It addresses bullying, behavior modification, teaching strategies, and much more. This is an essential resource for parents and professionals!

9781932565157 \_\_\_\_\_ Jun-04 PB \$15.95 S



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## TEN THINGS EVERY CHILD WITH AUTISM WISHES YOU KNEW

**ELLEN NOTBOHM**

Framed with both humor and compassion, the book defines the top ten characteristics that illuminate the minds and hearts of children with autism. Ellen's personal experiences as a parent, an autism columnist, and a contributor to numerous parenting magazines combine to create a guide for all who come in contact with a child on the autism spectrum. A gift of understanding.

9781932565300 \_\_\_\_\_ Mar-07 PB \$24.95 S



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## TEN THINGS YOUR STUDENT WITH AUTISM WISHES YOU KNEW

**VERONICA ZYSK**

Now, for the teacher in all of us comes *Ten Things Your Student with Autism Wishes You Knew*. The unique perspective of a child's voice is back to help us understand the thinking patterns that guide their actions, shape an environment conducive to their learning style, and communicate with them in meaningful ways. *Ten Things Your Student with Autism Wishes You Knew* affirms that autism imposes no inherent upper limits on achievement, that both teacher and child "can do it."

9781932565362 \_\_\_\_\_ Oct-06 117pp PB \$24.95 S  
illustrated



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## THE SOCIAL SKILLS PICTURE BOOK: TEACHING COMMUNICATION, PLAY AND EMOTION

**JED BAKER**



*The Social Skills Picture Book* demonstrates through pictures nearly 30 social skills, such as conversation, play, emotion management and empathy. The book is not only valuable for autistic children. Most children need and usually want social skills to make friends, and, often, their level of happiness and productivity is dependant on these fundamentals. *The Social Skills Picture Book* attempts to teach these critical social skills by visually showing children what to do.

9781885477910 \_\_\_\_\_ Jan-01 197pp PB \$62.95 S  
illustrated



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## THE SOCIAL SKILLS PICTURE BOOK: FOR HIGH SCHOOL AND BEYOND

JED BAKER



Photos of actual students engaging in a wide variety of social situations show, rather than tell, the right (and wrong) ways to interact in different circumstances. Most significantly, they visually illustrate the positive and negative consequences of both ways of interacting.

9781932565355 \_\_\_\_\_ Nov-06 177pp PB \$62.95 S  
illustrated



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## PREPARING FOR LIFE

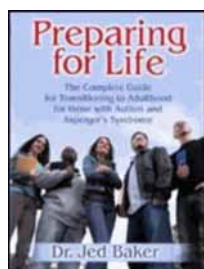
JED BAKER

The author of the best-selling, *Social Skills Picture Book* now speaks to the growing challenge of social skills in young, and-not-so-young, adults with autism/Asperger's Syndrome. Often the barrier to success, the lack of social skills can be frustrating and a very real challenge. This easy-to-follow resource provides a complete toolbox of skills that can open doors to opportunities. Includes sections on perspective taking, non-verbal communication, conversational skills, goal setting, and stress management. Explains options and types of assistance available educationally and legally.

9781932565331 \_\_\_\_\_ Jan-06 357pp PB \$52.95 S  
illustrated



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## FINICKY EATERS: WHAT TO DO WHEN KIDS WON'T EAT

TANIA STEGEN-HANSON

Does your child refuse to eat foods from a specific food group? Does your dinner table turn into a battleground during mealtimes? Are you working with a student who is anxious or scared of eating new foods? If you have answered yes, then this book is the perfect resource with easy answers to these troubling questions. This long-awaited book is written for parents and professionals working with children with food aversions and eating challenges. Dr. Lori Ernsperger and Ms. Tania Stegen-Hanson provide clear and concise strategies and practical lessons for assisting children in eating a balanced diet. This valuable resource contains a comprehensive treatment plan for solving mealtime struggles.

9781932565287 \_\_\_\_\_ Dec-05 220pp PB \$24.95 S



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## JUST TAKE A BITE

L ERNSPERGER

A long-awaited critically needed book, *Just Take A Bite*, deals with a subject common to children with autism/Asperger's, offering a step-by-step comprehensive plan to address food aversions and food selectivities. This book provides insight as to the causes of eating challenges and specific techniques for increasing food selections and assisting children in eating a balanced diet. This is a "must-have" book for parents, therapists, and teachers.

9781932565126 \_\_\_\_\_ Jan-04 236pp PB \$38.95 S  
illustrated



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**SPECIAL DIETS FOR SPECIAL KIDS****LISA LEWIS**

Combine 1 part research with 2 parts practical, hands-on Information, add a dash of humor and season well with years of experience. Within the pages of this book Lisa Lewis explains, in an easy and readable manner, a complex yet intriguing intervention strategy for helping children and adults with autism. Drawing upon her own success with removing gluten and casein from her son's diet, she answers the many questions parents and professionals might have about choosing a dietary intervention. Why choose a special diet? Are there tests to help me decide? Is there research to support this type of intervention? Will my child starve? What do I cook?

9781885477446 \_\_\_\_\_ Jan-98 251pp Spiral \$47.95 S



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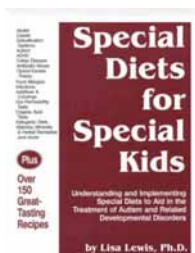
**SPECIAL DIETS FOR SPECIAL KIDS TWO****LISA LEWIS**

This long-awaited sequel to the best selling first book is loaded with helpful information and over 175 new recipes. A "must-have" for anyone who uses the first *Special Diets for Special Kids!*

9781885477811 \_\_\_\_\_ Sep-01 265pp HB \$47.95 S



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**EXPLORING FEELINGS: COGNITIVE BEHAVIOUR THERAPY TO MANAGE ANGER****TONY ATTWOOD**

The Cognitive Behaviour Therapy program *Exploring Feelings* was designed by the author to be highly structured, interesting and successful in encouraging the cognitive control of emotions. The author has noted that children with Asperger syndrome are often interested in exploration of the physical world, science and science fiction. The *Exploring Feelings* program is designed to explore explore and manage anger from a scientific perspective.

9781932565218 \_\_\_\_\_ Nov-04 PB \$31.95 S



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**EXPLORING FEELINGS: COGNITIVE BEHAVIOUR THERAPY TO MANAGE ANXIETY****TONY ATTWOOD**

The Cognitive Behaviour Therapy program *Exploring Feelings* was designed by the author to be highly structured, interesting and successful in encouraging the cognitive control of emotions. The author has noted that children with Asperger syndrome are often interested in exploration of the physical world, science and science fiction. The *Exploring Feelings* program is designed to explore explore and manage anxiety from a scientific perspective.

9781932565225 \_\_\_\_\_ Nov-04 PB \$31.95 S



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**Future Horizons**

9781932565621	NO MORE MELTDOWNS: POSITIVE STRATEGIES FOR DEALING WITH AND PREVEN	Apr 08	PB	24.95	S	
9781932565553	EARLY INTERVENTION AND AUTISM: REAL-LIFE QUESTIONS, REAL-LIFE ANSWERS	Jan 08	PB	38.95	S	
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9781932565195	1001 GREAT IDEAS FOR TEACHING AND RAISING CHILDREN WITH AUTISM SPECT	Oct 05	PB	38.95	S	
9781932565249	HOW DO I TEACH THIS KID?: VISUAL WORK TASKS FOR BEGINNING LEARNERS O	May 05	PB	31.95	S	
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9781885477903	THE SIXTH SENSE II	Dec 04	PB	10.95	S	
9781932565065	THE UNWRITTEN RULES OF SOCIAL RELATIONSHIPS	Dec 04	HB	38.95	S	
9781932565102	STRENGTHENING RELATIONSHIPS WHEN OUR CHILDREN HAVE SPECIAL NEEDS	Apr 04	PB	38.95	S	
9781932565454	BUILDING BRIDGES THROUGH SENSORY INTEGRATION	Aug 03	Spiral	52.95	S	
9781885477941	TAKING CARE OF MYSELF: A HYGIENE, PUBERTY AND PERSONAL CURRICULUM	Apr 03	PB	38.95	S	
9781885477897	MY FRIEND WITH AUTISM	Jun 02	PB	15.95	S	
9781885477828	NAVIGATING THE SOCIAL WORLD	Jan 02	PB	78.95	S	
9781932565461	ANSWERS TO QUESTIONS TEACHERS ASK ABOUT SENSORY INTEGRATION	Aug 01	PB	24.95	S	
9781885477668	THE NEW SOCIAL STORY BOOK: ILLUSTRATED EDITION	Sep 08	PB	49.95	S	IND
9781885477590	ASPERGER'S ... WHAT DOES IT MEAN TO ME?	Jan 00	PB	62.95	S	
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