

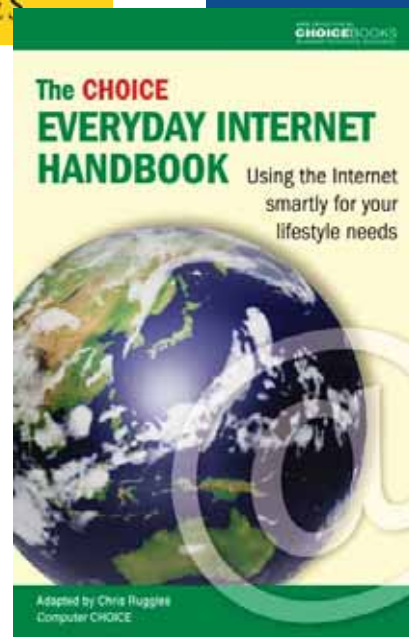
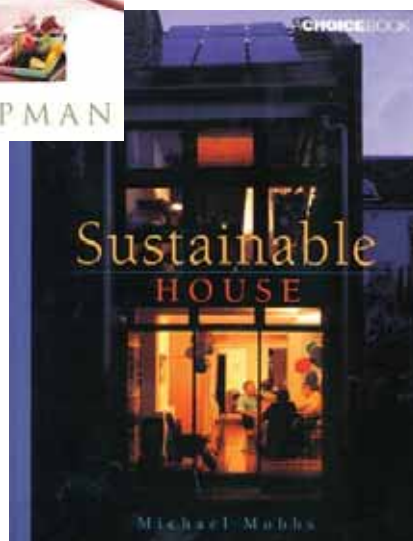
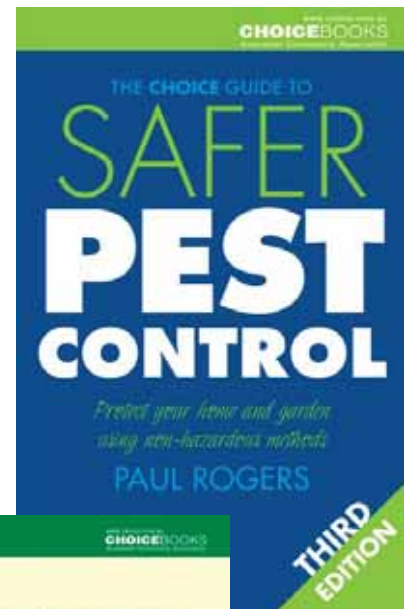
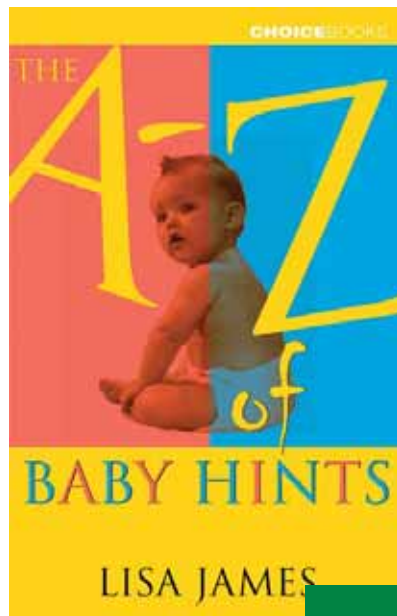
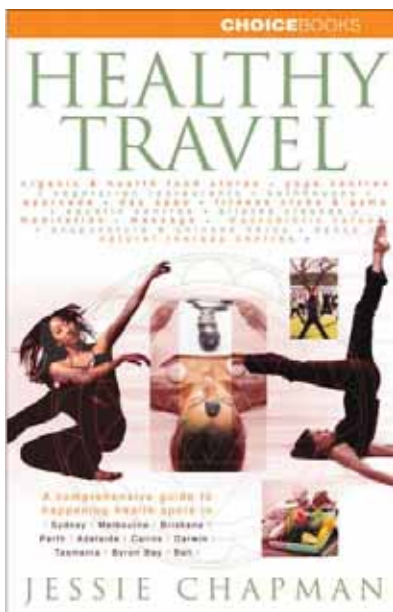
Choice Books 2005

Account#.....

Name.....

Address..... Suburb.....

State..... Postcode..... Order No..... Date.....



CHOICE BOOKS

CHOICE 2005 Releases

THE CHOICE GUIDE TO KIDS' GAMES: CREATIVE GAMES AND ACTIVITIES

ELAINE CLOW

Full of fun and variety, this completely updated edition of a CHOICE Books bestseller is carefully geared to your child's age, physical development and personal interests. Each chapter contains a selection of games, songs, rhymes and crafts that will delight, motivate and offer hours of entertainment and education for your child.

1920705376 _____ May-05 192pp PB \$25.00
9781920705374 illustrated

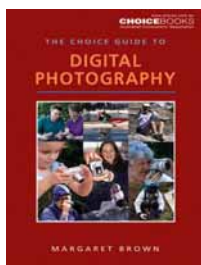


CHOICE GUIDE TO DIGITAL PHOTOGRAPHY

MARGARET BROWN

Never before has digital photography been more accessible or affordable. This book contains sound advice on all aspects of digital photography, from what camera to buy to how to print or store your pictures, how digital colour is created, how to use the 'scene' menu, how to edit photos on a computer and much more.

1920705317 _____ Feb-05 224pp PB \$35.00
9781920705312 illustrated

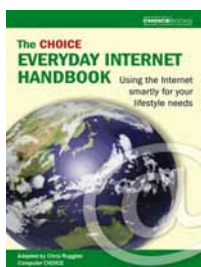


CHOICE EVERYDAY INTERNET HANDBOOK

CHRIS RUGGLES

Find out why the internet is such an invaluable tool for everyday life with this easy-to-read guide. Discover how you can use it for: Communication, buying and selling, managing finances, research, media, leisure or entertainment. Packed with tips and checklists, this book will benefit all those who can see the advantages of using the internet but who've been inhibited by age or lack of experience.

1920705368 _____ Mar-05 272pp PB \$30.00
9781920705367

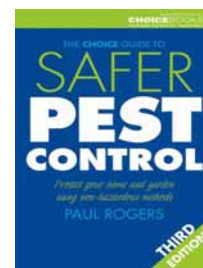


SAFER PEST CONTROL FOR HOMES AND GARDENS

PAUL ROGERS

Now in its third edition, this handy book outlines in plain language how to control pests without resorting to the highly toxic chemicals so often recommended. Using the reference tables and lists you can look up the pesticide you're considering, checks its hazard rating and look for a possible non-chemical alternative.

0947277331 _____ Jun-05 192pp PB \$25.00
9780947277338



CHOICE GUIDE TO BABY PRODUCTS 10th Ed

CHOICE

New 10th edition!

Leave the guesswork behind with the essential buying guide for parents. Now in its tenth edition, *The CHOICE Guide to Baby Products* has been a reliable source of information for parents since 1990.

1920705384 _____ Oct-05 PB \$22.95
9781920705381



COMMITTEE-ITIS: A LIGHT HEARTED LOOK AT THE PLEASURES AND PITFALLS OF SITTING ON A COMMITTEE

HAZEL EDWARDS, JEAN ROBERTS

A light-hearted look at the pleasures and pitfalls of sitting on a committee. de-mystifies committee dynamics and procedures, offers diagnoses and examines a range of remedies and survival strategies. It then moves to explain various infection-avoidance techniques.

1920705074 _____ Mar-03 134pp PB \$25.00
9781920705077

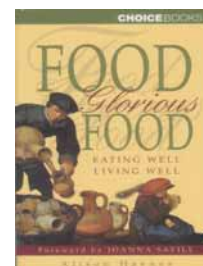


FOOD GLORIOUS FOOD: EATING WELL, LIVING WELL

ALISON HAYNES

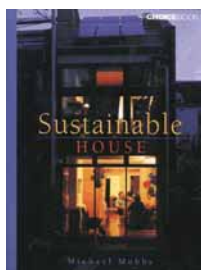
Sitting down to a wonderful meal is one of life's pleasures, but there's so much more to food than just the eating of it. *Food Glorious Food* presents the big picture, outlining the theory and practice behind healthy eating.

1920705066 _____ Jul-03 PB \$25.00
9781920705060



SUSTAINABLE HOUSE**MICHAEL MOBBS**

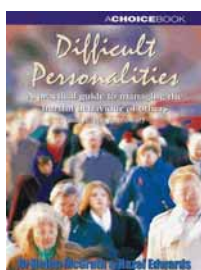
This ground-breaking book – a bestseller for several years – shows how to build or adapt your home so that it's almost completely self-sufficient in power and water.



094727748X _____ Sep-98 188pp PB \$37.50
9780947277482

DIFFICULT PERSONALITIES: A PRACTICAL GUIDE TO MANAGING THE HURTFUL BEHAVIOUR OF OTHERS**HELEN MCGRATH**

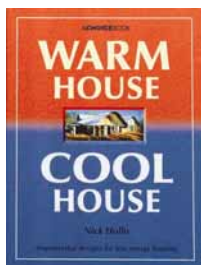
Do you know how to handle someone with a difficult personality? Perhaps you have one yourself? Read this and recognise the signs so that you can improve your own or another's hurtful behaviour.



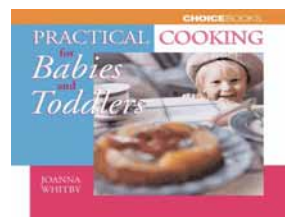
0947277684 _____ Jun-00 242pp PB \$20.00
9780947277680

WARM HOUSE COOL HOUSE: INSPIRATIONAL DESIGNS FOR LOW-ENERGY HOUSING**NICK HOLLO**

This book reveals environmentally-conscious living at its best, and contains some of the most effective examples of Australian homes that stay cool in summer and warm in winter.



0947277226 _____ Oct-95 172pp PB \$37.50
9780947277222

PRACTICAL COOKING FOR BABIES AND TODDLERS**JOANNA WHITBY**

There's no longer any need for your baby's or toddler's food to be bland or boring. Here you'll find easy-to-prepare, delicious recipes that the whole family will enjoy. Each recipe is coded with an age-specific icon to guide you when preparing suitable meals for babies and toddlers.

192070504X _____ Nov-02 154pp HB \$22.00
9781920705046

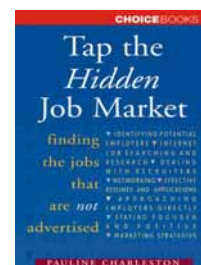
A-Z OF CHEMICALS IN THE HOME
TOTAL ENVIRONMENT CENTRE

This alphabetical directory lists common chemicals and the household products that contain them. Each listing describes the chemical or product, and its health and environmental effects. Where possible each entry lists an alternative, less dangerous product that can be used.

1920705112 _____ Jun-03 166pp PB \$22.00
9781920705114 illustrated

TAP THE HIDDEN JOB MARKET: FINDING AND GETTING THE JOB YOU REALLY WANT: FINDING THE JOBS THAT ARE...**PAULINE CHARLESTON**

Did you know that the best jobs are very often the ones that are never advertised? So how do you find them? Pauline Charleston outlines how to network and market yourself towards a new career and includes advice on recovering from job loss and staying positive and focused.



0947277994 _____ Sep-02 174pp PB \$25.00
9780947277994

FOOD PRESERVING AT HOME**JOHN GROSS**

Take full advantage of the amazing range of seasonal produce available by preserving it when it's at its peak. This practical and easy-to-follow guide offers a range of preserving options from smoking, drying and freezing to pickling and canning.

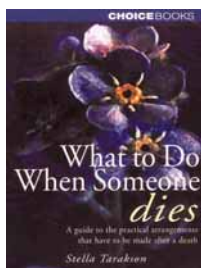


0947277498 _____ Oct-98 288pp PB \$29.95
9780947277499

WHAT TO DO WHEN SOMEONE DIES STELLA TARAKSON

While coping with grief over the loss of a loved one, we also have to handle such necessary details as registering their death, organising the funeral, organ donations, money matters and so much more. This book provides all the practical information you need.

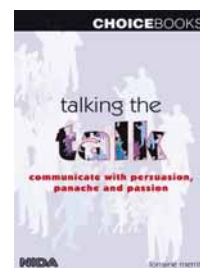
0947277749 _____ Mar-01 168pp PB \$20.00
9780947277741



TALKING THE TALK: COMMUNICATE WITH PERSUASION, PANACHE AND PASSION LORRAINE MARGARET MERRITT

Whether it's at a work presentation or a wedding, at some stage all of us are asked 'to say a few words'. And most quake at the prospect. Lorraine Merritt reveals the basic steps towards making even the most timid overcome the jitters. Soon you'll be performing with persuasion, panache and passion.

1920705082 _____ Apr-03 101pp PB \$20.00
9781920705084



EARNING MONEY FROM HOME DERRYN HEILBUTH

If you've ever dreamt of running your own business from home, Derryn Heilbuth's book will inspire you to stop dreaming and start right away. "Highly readable, this book is motivational as well as useful." Herald Sun (Melbourne).

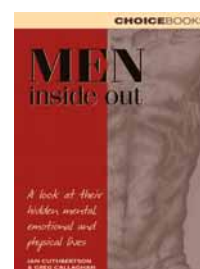
0947277870 _____ Oct-01 168pp PB \$25.00
9780947277871



MEN INSIDE OUT : A LOOK AT THEIR HIDDEN MENTAL, EMOTIONAL AND PHYSICAL LIVES: A LOOK AT THEIR HIDDEN... GREG CALLAGHAN

Dealing with men's physical health, including their mental and emotional wellbeing, this book's a true all-rounder. "A very accessible book and, importantly, written in a relaxed style that should appeal to young men as well as, hopefully, their fathers." The West Australian.

1920705090 _____ May-03 176pp PB \$25.00
9781920705091



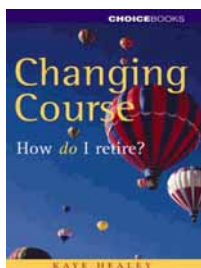
SURVIVING SURVIVAL : LIFE AFTER CANCER: LIFE AFTER CANCER EMMA-JANE SAYERS

0947277803 _____ May-01 168pp PB \$25.00
9780947277802

CHANGING COURSE: HOW DO I RETIRE?: HOW DO I RETIRE? KAYE HEALEY

So much of the discussion surrounding retirement revolves around money, and while it's an important factor there are many other vital issues to consider. Kaye Healey's counselling skills include retirement and change, and her book is essential reading for anyone contemplating this major life change.

0947277862 _____ May-02 129pp PB \$22.00
9780947277864



FACING DRUGS: A GUIDE FOR PARENTS TOM MCGILL

Where would you go for help if you discovered your child was taking illicit drugs? Tom McGill had to face and handle his son's addiction, and with that experience has written this straightforward guide to drugs and their effect on users. There's also vital information on treatments and counseling services.

1920705023 _____ Oct-02 128pp PB \$22.00
9781920705022



MY MONEY MYSELF: HANDS-ON, BASIC FINANCIAL PLANNING FOR WOMEN OF ALL AGES O O'DONNELL

094727796X _____ Jul-02 160pp PB \$22.00
9780947277963

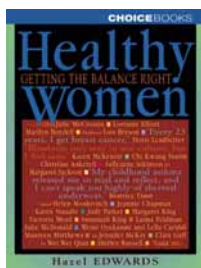
KIDS' GAMES MARTIN

0947277595 _____ Feb-00 PB \$22.00
9780947277598

HEALTHY WOMEN: GETTING THE BALANCE RIGHT**HAZEL EDWARDS**

Today's women may want it all – she's certainly expected to try and have it all. But it can be a difficult balancing act, especially when it comes to her health. Healthy Women is a collection of interviews with 26 successful Australian women, focusing on how they balance and maintain their busy lives and health.

094727779X _____ Oct-01 144pp PB \$25.00
9780947277796

**OUR HOME****CHOICE**

This popular home record book is back with a soft cover and a much lower price. Record all your home details in one easily accessible place.



1920705198 _____ Feb-04 128pp PB \$15.00
9781920705190

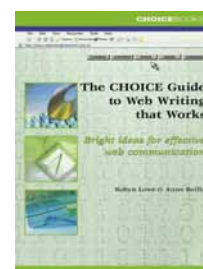
HEALTHY TRAVEL: A COMPREHENSIVE GUIDE TO HAPPENING HEALTH SPOTS IN SYDNEY, MELBOURNE, BRISBANE, P...**JESSIE CHAPMAN**

If you're traveling but at the same time want to maintain a healthy lifestyle, this comprehensive Australia-wide guide to cafes, yoga classes, spas, organic food stores and restaurants has all the information you need.

0947277986 _____ Oct-02 224pp PB \$25.00
9780947277987

**CHOICE GUIDE TO WEB WRITING****CHOICE**

There's so much more to an effective website than just design. You need to immediately engage and excite your audience with an enticing combination of words and content. The average age of a website is 44 days – this book will help to save yours from the web wilderness.



1920705228 _____ May-04 PB \$22.00
9781920705220

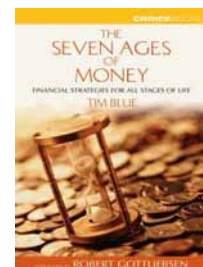
THE A-Z OF BABY HINTS**LISA JAMES**

What is it about having a baby that prompts almost everyone you know to offer all their family tips and hints? And why is it that when they might actually be useful you've forgotten them? This guide has almost 200 up-to-date ideas, hints and tips you can turn to.

1920705139 _____ Nov-03 240pp PB \$25.00
9781920705138

**THE SEVEN AGES OF MONEY: FINANCIAL STRATEGIES FOR ALL STAGES OF LIFE****TIM BLUE**

Your financial needs vary at each stage of life – saving for a first home, budgeting for a family and preparing for retirement all have their unique demands. Author Tim Blue has divided this book into seven ages (stages), examining how best to prepare for each.

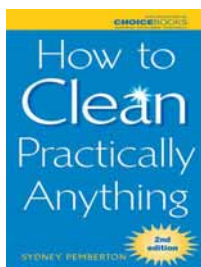


1920705147 _____ Sep-03 175pp PB \$25.00
9781920705145

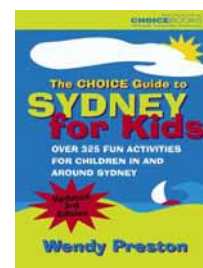
HOW TO CLEAN PRACTICALLY ANYTHING**SYDNEY PEMBERTON**

Learn how to clean so efficiently that you'll spend less time doing it! Cleaning advice on everything from CD players to lace and feathers, the microwave to the kitchen sink. Whatever you need to clean, How to Clean Practically Anything offers practical, efficient and easy solutions.

1920705244 _____ Apr-04 168pp PB \$20.00
9781920705244

**CHOICE GUIDE TO SYDNEY FOR KIDS****WENDY PRESTON**

Keep the kids entertained with the latest edition of this must-have guide. Packed with over 325 destinations and activities for kids ranging from babies to 12 years of age. The best news of all is that you don't have to spend a fortune – over half the destinations are 'Cheapies and Freebies' which are listed in an easy-reference chapter.



1920705341 _____ Oct-04 229pp PB \$25.00
9781920705343

THE COMPUTER CHOICE COMPUTER TROUBLESHOOTER

ZARA BAXTER

Want to enhance your computing skills? This step-by-step guide has practical advice, tips and shortcuts to help demystify computer processes and answer your most frequently asked questions. Ideal for the beginner or more experienced user who wants to delve deeper. (Not suitable for Mac users).

1920705295 _____ Nov-04 168pp HB \$40.00
9781920705299

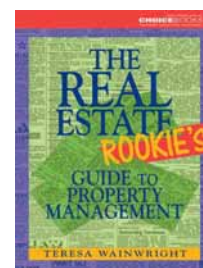


REAL ESTATE ROOKIE'S GUIDE TO MANAGING YOUR OWN PROPERTY

TERESA WAINWRIGHT

If you want a job done well do it yourself. With this book you will learn how to make the most of being your own landlord. As well as vital information on the ethical and legal obligations facing the property manager, the book covers the importance of property maintenance, understanding the taxation laws concerning property and keeping your tenants happy.

1920705236 _____ May-04 168pp PB \$22.00
9781920705237



OUR BABY: A RECORD CHOICE

Capture your baby's great moments in this beautiful hardcover book. From birth to three years, each page has room to add your own information, pictures or other finishing touches. Our Baby is a wonderful memento to hand over to your 'baby' when they turn 21, or an ideal gift for overseas grandparents and relatives.

1920705279 _____ Aug-04 HB \$22.00
9781920705275



THE CHOICE GUIDE TO BUILDING AND RENOVATING ON TIME AND ON BUDGET CHOICE

The third edition of this popular CHOICE Book is not only for those building a new home or undertaking major renovations, but it will also help home owners to meet the challenge of repairing and maintaining their home. Arm yourself with technical information and good advice. Find out what you need to do before signing a contract, as well as how to maintain your new home after completion.

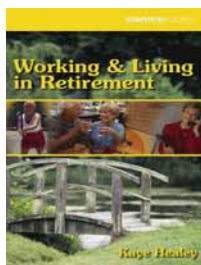
1920705260 _____ May-04 144pp PB \$25.00
9781920705268



WORKING AND LIVING IN RETIREMENT KAYE HEALEY

With current government thinking on working in retirement, can you afford not to read this book? "The Third Age in our life journey offers an abundance of new beginnings... Kaye's book provides a road map for achieving this." *Paul Stevens, The Centre for Worklife Counselling.*

192070521X _____ May-04 192pp PB \$25.00
9781920705213



PUT IT IN WRITING MARGARET WHITE

How many times have you phoned to complain about a product or service and been stopped in your tracks by the words, 'You'll have to put that in writing'? Using the advice and template letters in the revised edition of this bestseller, you'll learn how to write effective, measured letters of request or complaint that will get a response!

1920705287 _____ Jun-04 PB \$20.00
9781920705282

Account #: _____

Name: _____

Address: _____

Suburb: _____

State: _____ Postcode: _____ Order No: _____

Date: _____

CHOICE Books

1920705376 THE CHOICE GUIDE TO KIDS' GAMES: CREATIVE GAMES AND ACTIVITIES	May 05	PB	25.00
1920705317 CHOICE GUIDE TO DIGITAL PHOTOGRAPHY	Feb 05	PB	35.00
1920705368 CHOICE EVERYDAY INTERNET HANDBOOK	Mar 05	PB	30.00
0947277331 SAFER PEST CONTROL FOR HOMES AND GARDENS	Jun 05	PB	25.00
1920705384 CHOICE GUIDE TO BABY PRODUCTS	Oct 05	PB	22.95
1920705074 COMMITTEE-ITIS: A LIGHT HEARTED LOOK AT THE PLEASURES AND PITFALLS OF SIT	Mar 03	PB	25.00
1920705066 FOOD GLORIOUS FOOD: EATING WELL, LIVING WELL	Jul 03	PB	25.00
094727748X SUSTAINABLE HOUSE	Sep 98	PB	37.50
0947277684 DIFFICULT PERSONALITIES: A PRACTICAL GUIDE TO MANAGING THE HURTFUL BEHA	Jun 00	PB	20.00
0947277226 WARM HOUSE COOL HOUSE: INSPIRATIONAL DESIGNS FOR LOW-ENERGY HOUSING	Oct 95	PB	37.50
192070504X PRACTICAL COOKING FOR BABIES AND TODDLERS	Nov 02	HB	22.00
1920705112 A-Z OF CHEMICALS IN THE HOME	Jun 03	PB	22.00
0947277994 TAP THE HIDDEN JOB MARKET: FINDING AND GETTING THE JOB YOU REALLY WANT	Sep 02	PB	25.00
0947277498 FOOD PRESERVING AT HOME	Oct 98	PB	29.95
0947277749 WHAT TO DO WHEN SOMEONE DIES	Mar 01	PB	20.00
0947277870 EARNING MONEY FROM HOME	Oct 01	PB	25.00
0947277803 SURVIVING SURVIVAL : LIFE AFTER CANCER: LIFE AFTER CANCER	May 01	PB	25.00
0947277862 CHANGING COURSE: HOW DO I RETIRE?: HOW DO I RETIRE?	May 02	PB	22.00
1920705082 TALKING THE TALK: COMMUNICATE WITH PERSUASION, PANACHE AND PASSION	Apr 03	PB	20.00
1920705090 MEN INSIDE OUT : A LOOK AT THEIR HIDDEN MENTAL, EMOTIONAL AND PHYSICAL LIV	May 03	PB	25.00
1920705023 FACING DRUGS: A GUIDE FOR PARENTS	Oct 02	PB	22.00
094727796X MY MONEY MYSELF: HANDS-ON, BASIC FINANCIAL PLANNING FOR WOMEN OF ALL	Jul 02	PB	22.00
0947277595 KIDS' GAMES	Feb 00	PB	22.00
094727779X HEALTHY WOMEN: GETTING THE BALANCE RIGHT	Oct 01	PB	25.00
0947277986 HEALTHY TRAVEL: A COMPREHENSIVE GUIDE TO HAPPENING HEALTH SPOTS IN SYD	Oct 02	PB	25.00
1920705139 THE A-Z OF BABY HINTS	Nov 03	PB	25.00
1920705244 HOW TO CLEAN PRACTICALLY ANYTHING	Apr 04	PB	20.00
1920705198 OUR HOME	Feb 04	PB	15.00
1920705228 CHOICE GUIDE TO WEB WRITING	May 04	PB	22.00
1920705147 THE SEVEN AGES OF MONEY: FINANCIAL STRATEGIES FOR ALL STAGES OF LIFE	Sep 03	PB	25.00
1920705341 CHOICE GUIDE TO SYDNEY FOR KIDS	Oct 04	PB	25.00
1920705295 THE COMPUTER CHOICE COMPUTER TROUBLESHOOTER	Nov 04	HB	40.00
1920705279 OUR BABY: A RECORD	Aug 04	HB	22.00
192070521X WORKING AND LIVING IN RETIREMENT	May 04	PB	25.00
1920705287 PUT IT IN WRITING	Jun 04	PB	20.00
1920705236 REAL ESTATE ROOKIE'S GUIDE TO MANAGING YOUR OWN PROPERTY	May 04	PB	22.00
1920705260 THE CHOICE GUIDE TO BUILDING AND RENOVATING ON TIME AND ON BUDGET	May 04	PB	25.00